

GETHSEMANE

BIBLE-PRESBYTERIAN CHURCH

"Not my will, but Thine, be done" – Luke 22:42

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A WORD ON WORSHIP

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God demands that His worshippers separate themselves from all worldliness and devote themselves to know and to do all that are pleasing to Him. Scripture says, "And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God" (Romans 12:2). True worshippers live to do His will and glorify Him.

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SCRIPTURE MEMORISATION

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Doublemindedness

James 4:8

Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.

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ORDER OF WORSHIP

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Call to Worship

Dn Francis Lee

Hymn 37: Praise, My Soul, the King of Heaven*

Invocation & Gloria Patri*

Responsive Scripture Reading*

Proverbs 2:1-22

Special Item

A Living Sacrifice

Hymn 46: A Mighty Fortress Is Our God

Collection of Offerings

Doxology & Prayer*

Hymn 324: Trusting Jesus

Scripture Memorisation

Pastoral Prayer

Sermon

Pastor Prabhudas Koshy

"The Parable of A Householder of Treasures"

Matthew 13:52

Hymn 251: Thy Word is Like a Garden, Lord*

Benediction & Threefold Amen*

** Congregation Standing*



TODAY, 12 MARCH 2017

NEXT LORD'S DAY, 19 MARCH 2017

9.00 – 10.00am		CHURCH CHOIR & CHILDREN'S CHOIR	CHURCH CHOIR & CHILDREN'S CHOIR
		MALAYALAM FELLOWSHIP	MALAYALAM FELLOWSHIP
10.30am	CHINESE SERVICE	Worship Leader: Elder Alan Choy Preacher: Pr Daniel Lim Musician: Angeline Wong Flowers: Winnie Yap Refreshments: Rose Chua Ah Moey Ushers: John Peh & Lawrence Ng	Worship Leader: Pr Daniel Lim Preacher: Pr Daniel Lim Musician: Eunice Choy Flowers: Roscelle Lim Refreshments: Magdalene Lim Ushers: Chan Tuck Whye & Francis Tan
	ENGLISH SERVICE	Worship Leader: Dn Francis Lee Preacher: Pastor Prabhudas Koshy Musicians: Eunice Choy, Chloe Pawa Cornelius Koshy, Edwin Quek Jason Low, Low Chip Hung Marcus Lim, Chan Tuck Whye Low Siew Lian Greeter: AV Ministry: Crew No. 3 Flowers: Gina Sim Refreshments: Violet Quek, Chairine Chayadi Lim Hua See, Chong Shu Mun Junior Worship: Kenneth Wong, (Jenice Choy) Pr Kelvin Lim, (Esther Quek) Bro Andrew Koh	Worship Leader: Dn Low Boon Siang Preacher: Pastor Prabhudas Koshy Musicians: Jollyn Low, Dorcas Koshy Ng Kwan Teng, Theodore Wang Benny Skariah, Cayson Chok Timotheus Liu, John Peh Greeter: Winnie Yap AV Ministry: Crew No. 4 Flowers: Mah Lean Choo Refreshments: Yeo Geok Hien, Rachel Teo Lok Qian Hui, Mary Ong Junior Worship: Elder Mah Chin Kwang, (Stella Tan) Sharon dela Cruz, (Jasmine Tan) Elder Ng Poh Kok
1.30pm	FILIPINO SERVICE	Worship Leader: Norefel Resuma Preacher: Bro Andrew Koh Musician: Dorcas Koshy Usher: Jordan Ballega Refreshments: Eryl Calaro	Worship Leader: Eric Delina Preacher: Pr Dennis Kablingue Musician: Chloe Pawa Usher: Randy Laurencio Refreshments: Rhodora Resuma
3.30pm	LIONS HOME	Venue: 9 Bishan Street 13 English Speaker: Kenneth Wong Dialect Speaker: Pr Jeremiah Sim	Venue: 487 Bedok South Ave 2 English Speaker: Arvind Pawa Dialect Speaker: Pr Kelvin Lim

12 March 2017

DEALING WITH FEAR

Prabhudas Koshy

Introduction

Fear can grip our hearts anytime. It can develop within us due to tragic circumstances, such as failures, sickness, urgent financial needs, the death of a dear one, etc. It can also emerge due to overwhelming responsibilities, anxiety over the future, etc. Whatever be the cause of fear, if we do not appropriately deal with our feelings of fear, it can cause considerable damage to our lives. Fear is a tyrant – who subdues our senses, emotions and even numbs our mind and body. Worst of all, it can cause us to act dishonourably and defiantly before the Lord. So, Scripture urges us to act decisively to expel fear from within us.

Our modern world, with all its immense research and medical advancement, has not been able to cure people of their phobias. There is a very long list of phobias that people suffer from. Modern society is a world of phobia and panic attacks. People are looking for cures, but to little avail. Many survive on anti-depressant pills and suchlike, but in the process becoming addicted to them!

We, Christians, have a great resource of wisdom in the Scriptures that can help us to deal with the fears of

our hearts. We also have the gracious ministry of the Holy Spirit, the Divine Comforter, in our hearts. He would aid us with His wisdom and power if we yield to Him in faith and obedience.

Hence, Scripture exhorts us to overcome fear by yielding in faith to divine counsel of His Word, prayer and obedience. Let us therefore, with thanksgiving to God, meditate on the divine solutions that God's Word offers us. Unusual troubles may encompass us, but we can overcome our sense of helplessness by trusting and obeying the counsels of God's Word.

When Fear Grips You, Go to His Word

Many believers, who have experienced disturbing and heart-wrenching crises, found strength and joy in God's Word to overcome their fears. The Bible provides us with wonderful promises of God to strengthen us to face our trials with a joyful and resolute spirit. Consider a few of those promises mentioned below:

“The LORD will give strength unto his people; the LORD will bless his people with peace” (Psalm 29:11).

“He giveth power to the faint; and to them that have no might he increaseth strength. Even the youths

shall faint and be weary, and the young men shall utterly fall: but they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint” (Isaiah 40:29-31).

“He would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man” (Ephesians 3:16).

Having found such wonderful promises of God’s empowerment to face life’s troubles and burdens, let us pray like the psalmist: “My soul melteth for heaviness: strengthen thou me according unto thy word” (Psalm 119:28). Just like the psalmist, we too must be deeply moved by God’s promises to pray with faith that God would strengthen us to face our deeply troubling circumstances and challenges.

When being opposed and ridiculed, the servant of the Lord waxed strong in God’s promises and prayed earnestly: “Let thy mercies come also unto me, O LORD, even thy salvation, according to thy word. So shall I have wherewith to answer him that reproacheth me: for I trust in thy word. And take not the word of truth utterly out of my mouth; for I have hoped in thy judgments. So shall I keep thy law continually for ever and ever” (Psalm 119:41-44). God’s Word was his answer to his enemies. He did not rely on his personal

wisdom, scholarship, eloquence or riches to ward off the reproaches of men. The Word of God was his only and best weapon of defence and strength. He testified, “This is my comfort in my affliction: for thy word hath quickened me” (Psalm 119:50).

Proverbs 3:21-26 tell us how we can overcome fear by having the right attitude towards God’s Word. “My son, let not them depart from thine eyes: keep sound wisdom and discretion: so shall they be life unto thy soul, and grace to thy neck. Then shalt thou walk in thy way safely, and thy foot shall not stumble. When thou liest down, thou shalt not be afraid: yea, thou shalt lie down, and thy sleep shall be sweet. Be not afraid of sudden fear, neither of the desolation of the wicked, when it cometh. For the LORD shall be thy confidence, and shall keep thy foot from being taken.”

When Fear Grips You, Yield to the Spirit of God

The natural thing to do when fear comes is to yield to all kinds of thoughts and emotions that arise in our hearts. But it is important to the child of God that he should not obey his own heart, but the voice of the Spirit of God who is within him. Scripture reminds all true believers that “God hath not given us the spirit of fear; but of power, and of love, and of a sound mind” (2 Timothy 1:7).

Fear comes into Christians' hearts when they fail to be filled with the Spirit. In other words, it is when we listen to our own sinful lusts or feelings (doubts, anxieties, envy, jealousy, anger, bitterness, etc.) more than the assurances of the Spirit that we become fearful. Timothy was a child of God who has the Spirit of God within him. But when he allowed the intimidations and persecutions around him to affect his thoughts, he became timid and ashamed of the Christian witness. So, Paul reminded him that such a fearful approach to life and ministry is not of God, because God has made available to His children His power, love, and sound mind through His Spirit.

In Romans 8:15-16, Paul reminds us concerning the ministry of the Spirit within us: "For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father. The Spirit itself beareth witness with our spirit, that we are the children of God". The Spirit of God will grant us understanding and assurances concerning our special relationship with God as His children. Like a frightened child is comforted and strengthened by the presence of his father, the Christian too is greatly encouraged by the ministry of the Spirit that sheds abroad God's fatherly love in our hearts. We must then yield to the assuring voice and leading of the Spirit within us.

When the apostle Paul felt the fear about preaching the Gospel before men of intellect, he yielded to the Spirit of God. He says, "And I was with you in weakness, and in fear, and in much trembling. And my speech and my preaching was not with enticing words of man's wisdom, but in demonstration of the Spirit and of power" (1 Corinthians 2:3-4). Like Paul, we need to deal with our fears in the demands of the ministry by yielding to the power of the Spirit that works in us.

When Fear Grips You, Trust Him Even More

Like the psalmist, we too must confess in prayer, "What time I am afraid, I will trust in thee" (Psalm 56:3). When we are afraid, we must exchange fear with prayer of faith. When fear grips us, let us remember that the time has come to prove how genuinely and firmly we trust the Lord.

If we do not deal with fear, we may waste a lot of time worrying. It will drive us to senseless behaviours and actions. So, do not let fear remain. As soon as fear arises, you must exercise faith in God by communing with Him in prayer and taking hold of His promises.

Fearful times come to all. But how blessed it is that we can rejoice in God's love and promises. So brethren, let us transform the moments of fear into times of faith, prayer and obedient actions. ■

DOVE: SYMBOL OF PURITY AND GENTLENESS



Turtled Dove
taken from



The Bible speaks of three different kinds of doves – pigeon, dove and turtledove. The turtledoves are migratory birds that “observe the time of their coming” (Jeremiah 8:7). The Hebrew word for “dove” literally means “mourner”, hence the common expression to “mourn as a dove” (Isaiah 38:14; 59:11; Nahum 2:7). Doves found in the wild build their nests in the clefts of rocks, but the domesticated ones live in “dovecots” or the pigeonholes prepared for them in houses (Song 2:14; Jeremiah 48:28; Isaiah 60:8).

In the flood story of Genesis 6-8, Noah used the doves to see whether the flood was receding. Noah released three doves in seven-day intervals (Genesis 8:8-12). The first dove returned to Noah in the ark because the water had not receded for it to find a place of rest. The second dove brought an olive leaf, the symbol of new life as water started to recede. The third dove did not return, a sign that the earth had become habitable once again.

According to God’s law, only these three kinds of doves were allowed to be offered in sacrifice, as they were classified as “clean” (Leviticus 5:7; 12:6). Doves signify purity and peace. The Bible also tells us that “the Holy Ghost descended in a bodily shape like a dove” upon Christ at His baptism (Luke 3:22).

Jesus commanded His disciples, “Behold, I send you forth as sheep in the midst of wolves: be ye therefore wise as serpents, and harmless as doves” (Matthew 10:16). The Lord wants us to always maintain a life of innocence and harmlessness, like that of a dove. So children, be free from all wicked and cunning behaviour. Be also without malice and violence. Don’t be insulting or revengeful, but be meek and humble like our Lord Jesus Christ.

Prabhudas Koshy

COLLECTIONS

LORD'S DAY on 05 March 2017

Tithes: 6,100.00

Offerings: 9,151.30

Bldg Fund (Project): 1,900.00; 588.00; 100.00; [(500.00) Chinese Svc]; [(50.00) Filipino Svc]

Missionary Conf Fund 2017: 500.00; 200.00

Designated Gifts: General Fund 500.00; TGCM (local) 500.00; 200.00; 200.00; 150.00; 50.00; GBPC (Ethiopia) 200.00; 100.00; Kelvin Lim 100.00; Sujith Samuel 50.00

NON-SUNDAY GIFT

29th Anniversary Gift: A\$300.00

TGCM (local): 600.00

SPECIAL FUND UPDATE

(as of 05 March 2017)

Building Fund (Project): \$2,207,433.70

Missionary Conf Fund 2017: \$25,205.00

"And now, behold,

*I have brought the firstfruits of the land,
which thou, O LORD, hast given me.*

*And thou shalt set it before the LORD thy God,
and worship before the LORD thy God"*

Deuteronomy 26:10

GETHSEMANE LADIES' FELLOWSHIP

Women & Gospel Missions

Speaker: Pastor Koshy

Chairperson: Sis Roscelle Lim

Date: Sat, 18 Mar 2017

Time: 3-5pm (Dinner will be provided)

Venue: Home of Sis Carolyn Koshy
826 Tampines St 81, #02-92
Singapore 520826

Transport from Tampines MRT station at 2.40pm.

Children aged 4-12 will have concurrent
GCM programme.

COMBINED PANDAN-GETHSEMANE YAF MEETING

General Theme:

True Biblical Christian Fellowship

Topic: Humility and Unity
(Philippians 2:5)

Speaker: Pastor Koshy

Date & Time: Sat, 18 Mar 2017, 5pm

Venue: Calvary Pandan B-P Church
Level 3, New Sanctuary

201 Pandan Gardens, Singapore 609337

NB Please indicate attendance in the
sign-up sheet at the reception table.

PASTORAL VISITATION WOODLANDS/SEMBAWANG REGION

Date & Time: 24 Mar 2017, 8.00pm

Venue: Home of Mr & Mrs Benny Skariah
Blk 690D Woodlands Drive 75, #04-190
Singapore 734690

GETHSEMANE YOUTH FELLOWSHIP

Topic: Book Study of 1 Timothy

Speaker: Bro Andrew Koh

Chairman: Bro Titus Ho

Date & Time: Sat, 18 Mar 2017

Choir Practice: 2.00pm - 3.30pm

Bible Study: 3.45pm - 5.00pm

Venue: Home of Sis Katherin Wu
27 Balam Road, #07-31
Singapore 370027

GETHSEMANE BPC 29TH ANNIVERSARY THANKSGIVING

Date: Lord's Day, 26 Mar 2017

Let us prayerfully and joyfully praise God
for His goodness towards us for the past 29
years. Buffet lunch will be catered. Adults
and children aged 10 & above - \$10/person
(subsidised), children under 10 - free. To
facilitate the ordering of food, please sign
up at the reception table today.

GETHSEMANE CHINESE GOSPEL RALLY

Speaker: Pr Daniel Lim

Date: Sat, 1 April 2017

Time: 2.00-4.00pm

Venue: City Beach Resort
8 Port Rd, Singapore 117540

This is a wonderful opportunity to invite
your loved ones, relatives and friends to
hear the Gospel message.

Please register at the reception table.

GETHSEMANE DEFENDERS' MINISTRY (GDM) LECTURES

Theme: "Questions About Origin of Life and Aliens"

Lecturer: Dr Samuel Gan, PhD

Date: 2nd & 9th April 2017 (Sunday)

Time: 1.45pm to 3.00pm

Venue: Level 5 Auditorium, SingPost Centre

Dr Gan, a Gethsemanean, is a speaker for Creation Ministries International and a passionate defender of biblical creationism.

Please come and listen and be well informed.

There will be a concurrent children's programme.

GETHSEMANE MEN'S FELLOWSHIP SEMINAR

"Men of Faith" (Part III):

David – Man After God's Own Heart

Speaker: Pastor Koshy

Date: Saturday, 8 Apr 2017 **Time:** 2.00pm – 6.00pm

Venue: City Beach Resort

(Please avail yourself of the seminar flyers for more details.)
Do sign up at the reception table to facilitate arrangements for seating and refreshments.

A concurrent separate programme will be catered for children aged 4-10.

T-SHIRT SIZING FOR MISSIONARY CONFERENCE 2017

The above will be held on 12th, 19th & 26th March after worship service, for campers who do not wish to stick to their previous year's shirt-size. They are to do the sizing, and submit their names / sizes to Bro Benny Skariah or Bro Ng Kwan Teng. Please adhere strictly to these 3 dates as the T-shirts have to be custom-made.

POST-WORSHIP ACTIVITIES

Please stay back after worship to join us for:

Refreshments & Fellowship

12.30pm – 1.30pm

Bible Study (Adults, Youths & Children)

1.30pm – 3.00pm

WEEKLY ACTIVITIES

Tuesday Night Bible Study & Prayer

8.00pm @ L5 Auditorium, SingPost Centre

Wednesday Lunch Hour Bible Study

1.00pm @ Bible Witness Bookroom

Wednesday Campus Bible Study

3.00pm-4.30pm @ SUTD

Wednesday Night GBI-Online

Midterm Break

Thursday Seniors' Ministry

11.00am (Please contact Pr Jeremiah Sim)

Friday Morning Prayer

7.45am – 8.30am @ Church Resource Centre

Friday Campus Bible Study

4.30pm-5.30pm @ NAFA

Sunday Lions Home Ministry

For enquiry, contact Pr Jeremiah Sim

For more information, please call the church office at 6741 1910.



Bible Witness Magazine



Bible Witness Web Radio



Church Weekly

Time & Place of Worship

10.30am

Level 5 Auditorium

Singapore Post Centre

10 Eunos Road 8

Singapore 408600

(next to Paya Lebar MRT station)

Prayer Hotline

8138 8139

SMS or WhatsApp

your prayer item

Our Office

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Our Websites

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Our Pastor

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Email: pastor.gbpc@gmail.com

Our Session

Pastor Prabhudas Koshy

Elder Mah Chin Kwang

Elder Alan Choy

Elder Ng Poh Kok

Deacon Daniel Lim

Deacon Lok Kwok Wah

Deacon Kelvin Lim

Deacon Francis Lee

Deacon Low Boon Siang